

TRACK AND FIELD VOCABULARY

EVENTS/TERMS	EQUIPMENT
110 Meter High Hurdles	Track
300 Meter Low Hurdles	Hurdles
100 Meter Dash	Sand Pit
200 Meter Dash	High Jump Pit
400 Meter Dash	Pole Vault Pit
800 Meter Run	Baton
1600 Meter Run	Starter Gun
3200 Meter Run	Stopwatches/Timers
4x100 Meter Relay	Tape Measure
4x200 Meter Relay	Uniform
4x400 Meter Relay	Spikes
Long Jump	Discus
Triple Jump	Shot Put
High Jump	Javelin
Discus	High Jump Pole
Shot Put	Pole Vault Pole
Pole Vault	
Plant Box	
Hammer Throw	
Javelin Throw	