

GRADE 5 PRACTICAL LIVING/VOCATIONAL STUDIES

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Life Skills</u>	<p>Student demonstrates an extensive understanding of the following life skills and makes innovative and insightful applications.</p> <p>Individual emotional, mental, and social well-being, Individual physical well-being, Consumerism as identified in the core content, The world of work</p>	<p>Student demonstrates a broad understanding of the following life skills and makes connections to solve problems.</p> <p>Individual emotional, mental, and social well-being Individual physical well-being Consumerism as identified in the core content The world of work</p>	<p>Student demonstrates a basic knowledge with some understanding of life skills but may not consistently apply concepts.</p> <p>Individual emotional, mental, and social well-being Individual physical well-being Consumerism as identified in the core content The world of work</p>	<p>Student demonstrates minimal knowledge of the following life skills.</p> <p>Individual emotional, mental, and social well-being Individual physical well-being Consumerism as identified in the core content The world of work</p>
<u>Concepts</u>	<p>Student demonstrates an extensive understanding of the following concepts in the core content and makes comprehensive connections/applications to real life.</p> <p>Proper diet, exercises, and rest for positive effects on body systems Health and hygiene practices to prevent disease Nutritional snacks based on the food guide pyramid Physical activities to improve health</p>	<p>Student demonstrates a broad understanding of the following concepts in the core content and makes logical connections to real life.</p> <p>Proper diet, exercises, and rest for positive effects on body systems Health and hygiene practices to prevent disease Nutritional snacks based on the food guide pyramid Physical activities that improve health</p>	<p>Student demonstrates a basic knowledge with some understanding of the following concepts in the core content and makes some connections to real life.</p> <p>Proper diet, exercises, and rest for positive effects on body systems Health and hygiene practices to prevent disease Nutritional snacks based on the food guide pyramid Physical activities to improve health</p>	<p>Student demonstrates minimal knowledge of the following concepts in the core content and makes few connections to real life.</p> <p>Proper diet, exercises, and rest for positive effects on body systems Health and hygiene practices to prevent disease Nutritional snacks based on the food guide pyramid Physical activities to improve health</p>

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Concepts</u> (con't)	<ul style="list-style-type: none"> Safety procedures to eliminate recognized safety hazards Coping strategies that promote individual well-being Performance techniques in physical activities Consumer decisions identified in the core content Impact of consumer decisions on the environment Plan and save for specific goals People work and use good work habits Importance of technology in the workplace 	<ul style="list-style-type: none"> Safety procedures to eliminate recognized safety hazards Coping strategies that promote individual well-being Performance techniques in physical activities Consumer decisions identified in the core content Impact of consumer decisions on the environment Plan and save for specific goals People work and use good work habits Importance of technology in the workplace 	<ul style="list-style-type: none"> Safety procedures to eliminate recognized safety hazards Coping strategies that promote individual well-being Performance techniques in physical activities Consumer decisions identified in the core content Impact of consumer decisions on the environment Plan and save for specific goals People work and use good work habits Importance of technology in the workplace 	<ul style="list-style-type: none"> Safety procedures to eliminate recognized safety hazards Coping strategies that promote individual well-being Performance techniques in physical activities Consumer decisions identified in the core content Impact of consumer decisions on the environment Plan and save for specific goals People work and use good work habits Importance of technology in the workplace
<u>Services</u>	<ul style="list-style-type: none"> Student demonstrates extensive understanding of services and resources and the effective application of information to solve problems. Appropriate community organizations to obtain health and safety services Community guidelines that promote healthy living environments 	<ul style="list-style-type: none"> Student demonstrates broad understanding of how to access services and resources and the effective application of this information. Appropriate community organizations to obtain health and safety services Community guidelines that promote healthy living environments 	<ul style="list-style-type: none"> Student demonstrates basic knowledge of services and resources and a basic understanding how to access them. Appropriate community organizations to obtain health and safety services Community guidelines that promote healthy living environments 	<ul style="list-style-type: none"> Student demonstrates minimal knowledge of services and resources and minimal understanding of how to access them. Appropriate community organizations to obtain health and safety services Community guidelines that promote healthy living environments
<u>Relationships</u>	<ul style="list-style-type: none"> Student demonstrates and applies an extensive understanding of relationships and communicates this effectively. Team skills and appropriate group behaviors Strategies for working with other individuals Appropriate behaviors for both spectators and participants in activities 	<ul style="list-style-type: none"> Student demonstrates broad understanding of relationships and applies or communicates this effectively. Team skills and appropriate group behaviors Strategies for working with other individuals Appropriate behaviors for both spectators and participants in activities 	<ul style="list-style-type: none"> Student demonstrates basic knowledge with some understanding of relationships. Team skills and appropriate group behaviors Strategies for working with other individuals Appropriate behaviors for both spectators and participants in activities 	<ul style="list-style-type: none"> Student demonstrates minimal knowledge of relationships. Team skills and appropriate group behaviors Strategies for working with other individuals Appropriate behaviors for both spectators and participants in activities

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Decision Making</u>	<p>Student demonstrates extensive understanding and application of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify a daily decision/problem/issue Determine relevant resources Gather information Generate a variety of solutions Predict consequences of solutions Make a decision or choice Analyze choice</p>	<p>Student demonstrates and applies decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify a daily decision/problem/issue Determine available resources Gather information Generate solutions</p> <p>Predict consequences of solutions Make a decision or choice Support choice</p>	<p>Student demonstrates basic knowledge with some understanding of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify a daily decision/problem/issue Determine available resources Gather information Generate solutions</p> <p>Predict a consequence</p> <p>Make a decision or choice</p>	<p>Student demonstrates minimal knowledge of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify a daily decision/problem/issue Determine resources</p> <p>Gather information Select a solution</p> <p>Make a decision or choice</p>

GRADE 8 PRACTICAL LIVING/VOCATIONAL STUDIES

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Life Skills</u>	<p>Student demonstrates an extensive understanding of the following life skills and makes insightful applications.</p> <p>Individual emotional, mental, and social well-being Individual physical well-being Consumerism as identified in the core content The world of work</p>	<p>Student demonstrates a broad understanding of the following life skills and makes connections to solve problems.</p> <p>Individual emotional, mental, and social well-being Individual physical well-being Consumerism as identified in the core content The world of work</p>	<p>Student demonstrates a basic knowledge with some understanding of the following life skills but may not consistently apply concepts.</p> <p>Individual emotional, mental, and social well-being Individual physical well-being Consumerism as identified in the core content The world of work</p>	<p>Student demonstrates minimal understanding of the following life skills.</p> <p>Individual emotional, mental, and social well-being Individual physical well-being Consumerism as identified in the core content The world of work</p>
<u>Concepts</u>	<p>Student demonstrates an extensive understanding of the following concepts in the core content and makes comprehensive connections/ applications to real life.</p> <p>Health and hygiene practices to prevent disease Structure and function of the reproductive system Good health habits and their effect on body systems Daily food choices using dietary guidelines Physical activities that improve health Safety procedures for given situations Stress management and coping strategies that promote individual well-being The effect of physical activity on emotional well-being Techniques related to physical exercise Evaluation of products and services using a range of considerations</p>	<p>Student demonstrates a broad understanding of the following concepts in the core content and makes logical connections to real life.</p> <p>Health and hygiene practices to prevent disease Structure and function of the reproductive system Good health habits and their effect on body systems Daily food choices using dietary guidelines Physical activities that improve health Safety procedures for given situations Stress management and coping strategies that promote individual well-being The effect of physical activity on emotional well-being Techniques related to physical exercise Evaluation of products and services using a range of considerations</p>	<p>Student demonstrates a basic knowledge with some understanding of the following concepts in the core content and makes some connections with real life.</p> <p>Health and hygiene practices to prevent disease Structure and function of the reproductive system Good health habits and their effect on body systems Daily food choices using dietary guidelines Physical activities that improve health Safety procedures for given situations Stress management and coping strategies that promote individual well-being The effect of physical activity on emotional well-being Techniques related to physical exercise Evaluation of products and services using a range of considerations</p>	<p>Student demonstrates minimal understanding of the following concepts in the core content but makes few connections.</p> <p>Health and hygiene practices to prevent disease Structure and function of the reproductive system Good health habits and their effect on body systems Daily food choices using dietary guidelines Physical activities that improve health Safety procedures for given situations Stress management and coping strategies that promote individual well-being The effect of physical activity on emotional well-being Techniques related to physical exercise Evaluation of products and services using a range of considerations</p>

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Concepts</u> (Cont'd)	<p>Financial management practices for achieving short- and long-term goals</p> <p>Importance of work to society and factors that impact job/career opportunities in various communities and global regions</p> <p>Communication skills needed for seeking a job</p> <p>Individual work habits and work ethic and their connection to success</p> <p>Impact of technology on the workplace</p>	<p>Financial management practices for achieving short- and long-term goals</p> <p>Importance of work to society and factors that impact job/career opportunities in various communities and global regions</p> <p>Communication skills needed for seeking a job</p> <p>Individual work habits and work ethic and their connection to success</p> <p>Impact of technology on the workplace</p>	<p>Financial management practices for achieving short- and long-term goals</p> <p>Importance of work to society and factors that impact job/career opportunities in various communities and global regions</p> <p>Communication skills needed for seeking a job</p> <p>Individual work habits and work ethic and their connection to success</p> <p>Impact of technology on the workplace</p>	<p>Financial management practices for achieving short- and long-term goals</p> <p>Importance of work to society and factors that impact job/career opportunities in various communities and global regions</p> <p>Communication skills needed for seeking a job</p>
<u>Services</u>	<p>Student demonstrates extensive understanding of services and resources and the effective application of information to solve problems.</p> <p>Community agencies and non-profit organizations that provide services</p> <p>Information to examine health-related problems, conserve resources, and reduce community environmental problems</p>	<p>Student demonstrates a broad understanding of how to access services and resources and the effective application of this information.</p> <p>Community agencies and non-profit organizations that provide services</p> <p>Information to examine health-related problems, conserve resources, and reduce community environmental problems</p>	<p>Student demonstrates basic knowledge of services and resources and a basic understanding of how to access them.</p> <p>Community agencies and non-profit organizations that provide services</p> <p>Information to examine health-related problems, conserve resources, and reduce community environmental problems</p>	<p>Student shows minimal knowledge of services and resources and minimal understanding of how to access them.</p> <p>Community agencies and non-profit organizations that provide services</p> <p>Information to examine health-related problems, conserve resources, and reduce community environmental problems</p>

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Relationships</u>	<p>Student demonstrates and applies an extensive understanding of relationships and communicates this effectively.</p> <p>Good team skills and group behaviors</p> <p>Strategies for effective group function</p> <p>Impact of both spectator and participant behaviors on a sporting event</p>	<p>Student demonstrates a broad understanding of relationships and applies or communicates this effectively.</p> <p>Good team skills and group behaviors</p> <p>Strategies for effective group function</p> <p>Impact of both spectator and participant behaviors on a sporting event</p>	<p>Student demonstrates a basic knowledge with some understanding of relationships.</p> <p>Good team skills and group behaviors</p> <p>Strategies for effective group function</p> <p>Impact of both spectator and participant behaviors on a sporting event</p>	<p>Student demonstrates minimal knowledge of relationships.</p> <p>Good team skills and group behaviors</p> <p>Strategies for effective group function</p> <p>Impact of both spectator and participant behaviors on a sporting event</p>
<u>Decision Making</u>	<p>Student demonstrates extensive understanding and application of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify problem or issue</p> <p>Determine expected outcome</p> <p>Identify available and most appropriate resources</p> <p>Gather and analyze information</p> <p>Propose alternative solutions</p> <p>Predict consequences of solutions</p> <p>Analyze merit of alternatives</p> <p>Select and defend decision or choice</p>	<p>Student demonstrates and applies decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify problem or issue</p> <p>Determine expected outcome</p> <p>Identify available and most appropriate resources</p> <p>Gather information</p> <p>Propose alternative solutions</p> <p>Predict consequences of solutions</p> <p>Analyze merit of alternatives</p> <p>Select and defend decision or choice</p>	<p>Student demonstrates a basic knowledge of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify problem or issue</p> <p>Determine expected outcome</p> <p>Identify available resources</p> <p>Gather information</p> <p>Propose alternative solutions</p> <p>Predict consequences of solutions</p> <p>Select decision or choice</p>	<p>Student demonstrates minimal knowledge of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify problem or issue</p> <p>Determine expected outcome</p> <p>Identify available resources</p> <p>Gather information</p> <p>Select decision or choice</p>

GRADE 10 PRACTICAL LIVING/VOCATIONAL STUDIES

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Life Skills</u>	<p>Student demonstrates an extensive understanding of the following life skills and makes insightful applications.</p> <p>Strategies for emotional, mental, and social well-being Maintenance of individual physical well-being Consumerism as identified in the core content Post-secondary opportunities and the world of work</p>	<p>Student demonstrates a broad understanding of the following life skills and makes connections/applications to solve problems.</p> <p>Strategies for emotional, mental, and social well-being Maintenance of individual physical well-being Consumerism as identified in the core content Post-secondary opportunities and the world of work</p>	<p>Student demonstrates a basic knowledge with some understanding of the following life skills but may not consistently apply concepts.</p> <p>Strategies for emotional, mental, and social well-being Maintenance of individual physical well-being Consumerism as identified in the core content Post-secondary opportunities and the world of work</p>	<p>Student demonstrates minimal understanding of the following life skills.</p> <p>Strategies for emotional, mental, and social well-being Maintenance of individual physical well-being Consumerism as identified in the core content Post-secondary opportunities and the world of work</p>
<u>Concepts</u>	<p>Student demonstrates an extensive understanding of the following concepts in the core content and makes comprehensive connections/applications to real life.</p> <p>Impact of good health habits on the body systems and personal wellness Relationship of reproduction and sexuality to individual well-being Connection between good nutrition and longevity Appropriate safety procedures for emergency situations</p>	<p>Student demonstrates a broad understanding of the following concepts in the core content and makes logical connections/applications to real life.</p> <p>Impact of good health habits on the body systems and personal wellness Relationship of reproduction and sexuality to individual well-being Connection between good nutrition and longevity Appropriate safety procedures for emergency situations</p>	<p>Student demonstrates a basic knowledge with some understanding of the following concepts in the core content and makes some connections to real life.</p> <p>Impact of good health habits on the body systems and personal wellness Relationship of reproduction and sexuality to individual well-being Connection between good nutrition and longevity Appropriate safety procedures for emergency situations</p>	<p>Student demonstrates minimal understanding of the following concepts in the core content, but makes few connections to real life.</p> <p>Impact of good health habits on the body systems and personal wellness Relationship of reproduction and sexuality to individual well-being Connection between good nutrition and longevity Appropriate safety procedures for emergency situations</p>

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Concepts</u> (Con't)	<p>Strategies that lead to physical, mental, and emotional health</p> <p>Appropriate physical activity for lifetime fitness</p> <p>Principles of fitness training and conditioning</p> <p>Consumer decisions and information for use of appropriate strategies</p> <p>Financial management practices identified in the core content for achieving short- and long-term goals</p> <p>Jobs and careers in various occupational areas</p> <p>Social and economic impact of work on the individual, family, and society</p> <p>Impact of technology on the workplace and job market</p> <p>Post-secondary options and various career paths</p> <p>Skills identified in the core content needed for seeking, obtaining, and changing jobs</p>	<p>Strategies that lead to physical, mental, and emotional health</p> <p>Appropriate physical activity for lifetime fitness</p> <p>Principles of fitness training and conditioning</p> <p>Consumer decisions and information for use of appropriate strategies</p> <p>Financial management practices identified in the core content for achieving short- and long-term goals</p> <p>Jobs and careers in various occupational areas</p> <p>Social and economic impact of work on the individual, family, and society</p> <p>Impact of technology on the workplace and job market</p> <p>Post-secondary options and various career paths</p> <p>Skills identified in the core content needed for seeking, obtaining, and changing jobs</p>	<p>Strategies that lead to physical, mental, and emotional health</p> <p>Appropriate physical activity for lifetime fitness</p> <p>Principles of fitness training and conditioning</p> <p>Consumer decisions and information for use of appropriate strategies</p> <p>Financial management practices identified in the core content for achieving short- and long-term goals</p> <p>Jobs and careers in various occupational areas</p> <p>Social and economic impact of work on the individual, family, and society</p> <p>Impact of technology on the workplace and job market</p> <p>Post-secondary options and various career paths</p> <p>Skills identified in the core content needed for seeking, obtaining, and changing jobs</p>	<p>Strategies that lead to physical, mental, and emotional health</p> <p>Appropriate physical activity for lifetime fitness</p> <p>Principles of fitness training and conditioning</p> <p>Consumer decisions and information for use of appropriate strategies</p> <p>Financial management practices identified in the core content for achieving short- and long-term goals</p> <p>Jobs and careers in various occupational areas</p> <p>Social and economic impact of work on the individual, family, and society</p> <p>Impact of technology on the workplace and job market</p> <p>Post-secondary options and various career paths</p> <p>Skills identified in the core content needed for seeking, obtaining, and changing jobs</p>
<u>Services and Resources</u>	<p>Student demonstrates an extensive understanding of services and resources and the effective application of information to solve problems.</p> <p>Roles, responsibilities, and services of health agencies</p> <p>Health-related problems, and managing and conserving resources, and reducing community environmental problems</p>	<p>Student demonstrates a broad understanding of how to access services and resources and the effective connection/application of this information.</p> <p>Roles, responsibilities, and services of health agencies</p> <p>Health-related problems, and managing and conserving resources, and reducing community environmental problems</p>	<p>Student demonstrates basic knowledge of services and resources and a basic understanding of how to access them.</p> <p>Roles, responsibilities, and services of health agencies</p> <p>Health-related problems, and managing and conserving resources, and reducing community environmental problems</p>	<p>Student demonstrates minimal knowledge of services and resources and minimal understanding of how to access them.</p> <p>Roles, responsibilities, and services of health agencies</p> <p>Health-related problems, and managing and conserving resources, and reducing community environmental problems</p>

	DISTINGUISHED	PROFICIENT	APPRENTICE	NOVICE
<u>Relationships</u>	<p>Student demonstrates and applies an extensive understanding of relationships and communicates this effectively.</p> <p>Importance of good team skills in society</p> <p>Responsibilities and skills needed to work with individuals and in groups throughout life</p> <p>Relationship between spectators and participants during organized games and the importance of practicing rules, fair play, and cooperation</p>	<p>Student demonstrates a broad understanding of relationships and connects/applies or communicates this effectively.</p> <p>Importance of good team skills in society</p> <p>Responsibilities and skills needed to work with individuals and in groups throughout life</p> <p>Relationship between spectators and participants during organized games and the importance of practicing rules, fair play, and cooperation</p>	<p>Student demonstrates a basic knowledge with some understanding of relationships.</p> <p>Importance of good team skills in society</p> <p>Responsibilities and skills needed to work with individuals and in groups throughout life</p> <p>Relationship between spectators and participants during organized games and the importance of practicing rules, fair play, and cooperation</p>	<p>Student demonstrates minimal knowledge of relationships.</p> <p>Importance of good team skills in society</p> <p>Responsibilities and skills needed to work with individuals and in groups throughout life</p> <p>Relationship between spectators and participants during organized games and the importance of practicing rules, fair play, and cooperation</p>
<u>Decision Making</u>	<p>Student demonstrates extensive understanding and application of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify problem or issue</p> <p>Determine expected outcome</p> <p>Identify available and most appropriate resources</p> <p>Gather information</p> <p>Propose alternative solutions</p> <p>Predict consequences of solutions</p> <p>Analyze and prioritize alternatives</p> <p>Select and defend decision or choice</p> <p>Monitor and adjust decision, if need</p>	<p>Student demonstrates and connects/applies decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify problem or issue</p> <p>Determine expected outcome</p> <p>Identify available and most appropriate resources</p> <p>Gather information</p> <p>Propose alternative solutions</p> <p>Predict consequences of solutions</p> <p>Analyze and prioritize alternatives</p> <p>Select and defend decision or choice</p> <p>Monitor and adjust decision, if needed</p>	<p>Student demonstrates a basic knowledge with some understanding of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify problem or issue</p> <p>Determine expected outcome</p> <p>Identify available and most appropriate resources</p> <p>Gather information</p> <p>Propose alternative solutions</p> <p>Predict consequences of solutions</p> <p>Analyze and prioritize alternatives</p> <p>Select and defend decision or choice</p> <p>Monitor and adjust decision, if needed</p>	<p>Student demonstrates minimal knowledge of decision-making processes to support choices (i.e., health, fitness, consumer, career).</p> <p>Identify problem or issue</p> <p>Determine expected outcome</p> <p>Identify available and most appropriate resources</p> <p>Gather information</p> <p>Propose alternative solutions</p> <p>Predict consequences of solutions</p> <p>Analyze and prioritize alternatives</p> <p>Select and defend decision or choice</p> <p>Monitor and adjust decision, if needed</p>